



**MULHUDDART COMMUNITY CENTRE**



**WEEKLY TIMETABLE**

Day	Time	Activity	Group Name	Ages group	Contact No.
Monday	14:00 - 16:00	Fitness Class (by Referral)	Exwell	Adults	By Referral from Doctor
	16:15 - 17:15	Ballroom Dancing	Viva School of Dance	Under 18's	info@vivaschoolofdance.com
	17:30-20:00	Karate	GMAC Karate	5-18+yrs	Karen: 085 110 4986
	18:30 - 19:30	Football	Verona	tbc	Verona: 01 820 8160
	19:30-21:30	Football	St Mochta's FC	8+	admin@stmochtasc.com
Tuesday	20:30-21:30	Football	Blanchardstown Athletic FC		blanchardstownathleticfc@gmail.com
	10:00 - 12:00	Practical language Service	Conversations for Life	Adults	Stephen:087 368 0860 Email:sneestephen1@hotmail.com Stephen:087 368 0860 Email:sneestephen1@hotmail.com Stephen:087 368 0860 Email:sneestephen1@hotmail.com
	14:15 - 15:15	Chair Yoga	MCC	16+	MCC: 01 821 5120
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
	17:00 - 21:00	Football	Mulhuddart FC	4 -18's	Johnny Cash : 0852887440
19:30-20:30	Fitness Class	Zumba	Adults	Tatiana: 086 806 0216	
Wednesday	9.30 - 11.00	Practical language Service	Conversations for Life	Adults	Stephen:087 368 0860 Email:sneestephen1@hotmail.com Stephen:087 368 0860 Email:sneestephen1@hotmail.com Stephen:087 368 0860 Email:sneestephen1@hotmail.com
	11.15 - 12.45	Yoga	DDLETB	18+	MCC: 01 821 5120
	14:00 - 16:00	Fitness Class (by Referral)	Exwell	Adults	By Referral from Doctor
	18:30 - 19:30	Football	Verona	Under 12's	Verona: 01 820 8160
	19:00 - 20:00	Fitness Classes	Core Fitness	18+	Hanna: 087 182 2718
	19:30 - 20:30	Football	St Mochta's FC	8+	admin@stmochtasc.com
20:30 - 21:30	Football	Blanchardstown Athletic FC		blanchardstownathleticfc@gmail.com	
Thursday	09:30 - 12:15	Parent and Toddler Group	Empower	Families	mgomez@empower.ie
	16:00-17:00	Football Club	Mulhuddart F.C.	Nursery	Johnny 085 2887440
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
	20:00 - 22:00	First Aid Training	Red Cross	Teen	Celia 01 820 0759
Friday	10:00 - 12:00	Art	DDLETB	18 +	MCC: 01 821 5120
	13:30-14:30	Prayer Meeting	Blanch. Muslim Group	All Ages	Abdul 086 174 7721
	17:00 - 18:00	TEQBALL	TEQBALL	15+	Valentin Ticu 015981490
	19:00 - 20:00	Football	Verona FC	Under 12's	Verona: 01 820 8160
19:00-20:00	Bible Study	KCC Church	Adults	Arma 087 941 0168	
Saturday	9:30 - 10:30	Zumba	Wilson	16+	Wilson: 0879126871
	10.30 - 13.00	Junior Football	Soccer Stars	1.5 - 5 yrs	Alan: 087 347 7014
	11:30 - 15:00	Music	Dublin 15 music school	6+	Amanda Fitzpatrick
	12:00 - 13:00	Teqball	TEQBALL	15+	Valentin Ticu 015981490
Sunday	9:30 - 14:30	Flourish	Calvary Chapel	All Ages	www.ccdublin.com hello@cc-dublin.com
	14:30-17:00	Islamic Lessons	Al-Awal Quranic	Children/Teen	alawalcentre@gmail.com
MON - FRI	9:00-16:00	Creche & Pre-School	Kidz Zone	Children	MCC 01 821 5120 Mulhuddartcreche@gmail.com
	9:00 - 18:00	Creche & Pre-School	By your Side Childcare	Children	089 238 7984/ 083 206 5545 info.byourside@bysbehavioursupport.com
	11:00-22:00	Youth Activities	Foróige	Children/Teen	MCC 01 821 5120
MON - SUN	Various	Pickleball	Sport	Adult	MCC 01 821 5120
	Various	Birthday Parties	Room Hire From €27.50 P/H	Children/Teen	MCC 01 821 5120
	Various	Play & Pay	Football, Basketball, Badminton, Table tennis	Adults and Children/Teen	MCC 01 821 5120

Time subject to change - please contact the centre to book and confirm times.

January 2025

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Day	Time	Activity	Group Name	Ages group	Contact No.
Monday	16:15 - 17:15	Ballroom Dancing	Viva School of Dance	Under 18's	info@vivaschoolofdance.com
	17:30-21:30	Karate	GMAC Karate	5-18+yrs	Karen: 085 110 4986
Tuesday	14:15 - 15:15	Chair Yoga	MCC	16+	MCC: 01 821 5120
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
	19:30-20:30	Zumba	Tatjana	Adults	Tatjana: 086 806 0216
Wednesday	19:00 - 20:00	Fitness Classes	Core Fitness	18+	Hanna: 087 182 2718
Thursday	16:00-17:00	Football Club	Mulhuddart F.C.	Nursery	Johnny 085 288 7440
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
	20:00 - 22:00	First Aid Training	Red Cross	Teen	Celia 01 820 0759
Friday	13:30-14:30	Prayer Meeting	Blanch. Muslim Group	All Ages	Abdul 086 174 7721
	17:00 - 18:00	TEQBALL	TEQBALL	15+	Valentin Ticu 01 598 1490
	19:00-20:00	Bible Study	KCC Church	Adults	Arma 087 941 0168
Saturday	9:30 - 10:30	Zumba	Wilson	16+	Wilson: 087 912 6871
	10:30 - 13:00	Junior Football	Soccer Stars	1.5 - 5 yrs	Office: 01 575 8922
	11:30 - 15:00	Music	Dublin 15 music school	6+	Amanda Fitzpatrick
	12:00 - 13:00	Tegball	TEQBALL	15+	Valentin Ticu 015981490
Sunday	9:30 - 14:30	Flourish	Calvary Chapel	All Ages	www.ccdublin.com hello@cc-dublin.com
	14:30-17:00	Islamic Lessons	Al-Awal Quranic	Children/Teen	alawalcentre@gmail.com
MON - FRI	9:00-16:00	Creche & Pre-School	Kidz Zone	Children	MCC 01 821 5120 Mulhuddartcreche@gmail.com
	9:00 - 18:00	Creche & Pre-School	By your Side Childcare	Children	089 238 7984/ 083 206 5545 info.byyourside@bysbehavioursupport.com
	11:00-22:00	Youth Activities	Foróige	Children/Teen	MCC 01 821 5120
MON - SUN	Various	Pickleball	Sport 55+	Adult	MCC 01 821 5120
	Various	Birthday Parties	Room Hire From €27.50 P/H	Children/Teen	MCC 01 821 5120
	Various	Play & Pay	Football, Basketball, Badminton, Table tennis	Adults and Children/Teen	MCC 01 821 5120

Time subject to change - please contact the centre to book and confirm times.

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**MULHUDDART COMMUNITY CENTRE**



**WEEKLY TIMETABLE**

Day	Time	Activity	Group Name	Ages group	Contact No.
Monday	11:00 - 12:00	Pickleball	Sport	Adult	Valentin Ticu 015981490
	16:15 - 17:15	Ballroom Dancing	Viva School of Dance	Under 18's	info@vivaschoolofdance.com
	17:30 - 21:30	Karate	GMAC Karate	5-18+yrs	Karen: 085 110 4986
	18:30 - 19:30	Football	Verona	tbc	Verona: 01 820 8160
	19:30 - 21:30	Football	Sf Mochta's FC	8+	admin@stmochtasc.com
Tuesday	10:00 - 12:00	Practical language Service	Conversations for Life	Adults	Stephen:087 368 0860 Email:sneestephen1@hotmail.com
	12:15 - 14:15	online skills IT	DDLETB	Adults	MCC: 01 821 5120
	13:00 - 15:00	Self-Avocasy DDLETB		Adults	MCC: 01 821 5120
	14:15 - 15:15	Chair Yoga	MCC	16+	MCC: 01 821 5120
	15:00 - 16:00	Lego	mcc	under 10	MCC: 01 821 5120
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
	17:00 - 21:00	Football	Mulhuddart FC	4 -18's	Johnny Cash : 0852887440
	19:30-20:30	Fitness Class	Zumba	Adults	Tatjana: 086 806 0216
Wednesday	09:30 - 11:00	Yoga	DDLETB	18+	MCC: 01 821 5120
	18:00 - 22:00	Counselling Service	Low Cost Counselling	All Ages	Angela O'Connor angelaalexocco@gmail.com
	18:30 - 19:30	Football	Verona	under 12's	Verona: 01 820 8160
	19:00 - 20:00	Fitness Classes	Core Fitness	18+	Hanna: 087 182 2718
	19:30 - 20:30	Football	Sf Mochta's FC	8+	admin@stmochtasc.com
Thursday	09:30 - 12:15	Parent and Toddler Group	Empower	Families	mgomez@empower.ie
	13:15 - 15:15	Art	DDLETB	18 +	MCC: 01 821 5120
	16:00-17:00	Football Club	Mulhuddart F.C.	Nursery	Johnny 085 2887440
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
	20:00 - 22:00	First Aid Training	Red Cross	Teen	Celia 01 820 0759
Friday	13:30-14:30	Prayer Meeting	Blanch. Muslim Group	All Ages	Abdul 086 174 7721
	17:00 - 18:00	TEQBALL	TEQBALL	15+	Valentin Ticu 015981490
	19:00 - 20:00	Football	Verona FC	Under 12's	Verona: 01 820 8160
	19:00-20:00	Bible Study	KCC Church	Adults	Arma 087 941 0168
Saturday	9:30 - 10:30	Zumba	Wilson	16+	Wilson: 0879126871
	10:30 - 13:00	Junior Football	Soccer Stars	1.5 - 5 yrs	Alan: 087 347 7014
	11:30 - 15:00	Music	Dublin 15 music school	6+	Amanda Fitzpatrick
	12:00 - 13:00	Teqball	TEQBALL	15+	Valentin Ticu 015981490
	13:00 - 15:00	Islamic Lessons	Al-Awal Quranic	Children/Teen	alawalcentre@gmail.com
Sunday	9:30 - 14:30	Flourish	Calvary Chapel	All Ages	www.ccdublin.com hello@cc-dublin.com
	14:30-17:00	Islamic Lessons	Al-Awal Quranic	Children/Teen	alawalcentre@gmail.com
MON - FRI	9:00-16:00	Creche & Pre-School	Kidz Zone	Children	MCC 01 821 5120 Mulhuddartcreche@Gmail.com
	9:00 - 18:00	Creche & Pre-School	By your Side Childcare	Children	089 238 7984/ 083 206 5545 info.byourside@gmail.com www.bysbehavioursupport.com
	11:00-22:00	Youth Activities	Foróige	Children/Teen	MCC 01 821 5120
MON - SUN	Various	Birthday Parties	Room Hire From €27.50 P/H	Children/Teen	MCC 01 821 5120
	Various	Play & Pay	Football, Basketball, Badminton, Table tennis	Adults and Children/Teen	MCC 01 821 5120

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	17:30-21:30	Karate	GMAC Karate	5-18+yrs	Karen: 085 110 4986
Tuesday	10:00 - 12:00	Practical language Service	Conversations for Life	Adults	Stephen:087 368 0860 Email:sneestephen1@hotmail.com
	13:00 - 15:00	Voter Education	DDLETB	Adults	MCC: 01 821 5120
	14:15 - 15:15	Chair Yoga	MCC	16+	MCC: 01 821 5120
	15:00 - 16:00	Lego	MCC	under 10	MCC: 01 821 5120
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
	19:30-20:30	Fitness Class	Zumba	Adults	Tatjana: 086 806 0216
Wednesday	09:30 - 11:00	Yoga	DDLETB (Last Class May 1st 2024)	18+	MCC: 01 821 5120
	19:00 - 20:00	Fitness Classes	Core Fitness	18+	Hanna: 087 182 2718
Thursday	09:30 - 12:15	Parent and Toddler Group	Empower	Families	mgomez@empower.ie
	13:15- 15:15	Art	DDLETB	18 +	MCC: 01 821 5120
	16:00-17:00	Football Club	Mulhuddart F.C.	Nursery	Johnny 085 2887440
	17:00-19:00	Irish Dancing Classes	Mary O Connor School of Dance	Children/Teen	Mary 01 885 6224
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Friday	13:30-14:30	Prayer Meeting	Blanch. Muslim Group	All Ages	Abdul 086 174 7721
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	19:00-20:00	Bible Study	KCC Church	Adults	Arma 087 941 0168
Saturday	9:30 - 10:30	Zumba	Wilson	16+	Wilson: 0879126871
	10:30 - 13:00	Junior Football	Soccer Stars	1.5 - 5 yrs	Alan: 087 347 7014
	11:30 - 15:00	Music	Dublin 15 music school	6+	Amanda Fitzpatrick
	12:00 - 13:00	Teqball	TEQBALL	15+	Valentin Ticu 015981490
Sunday	9:30 -14:30	Flourish	Calvary Chapel	All Ages	www.ccdublin.com hello@cc-dublin.com
	14:30-17:00	Islamic Lessons	Al-Awal Quranic	Children/Teen	alawalcentre@gmail.com
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	9:00 - 18:00	Creche & Pre-School	By your Side Childcare	Children	089 238 7984/ 083 206 5545 info.byourside@bysbehavioursupport.com
	11:00-22:00	Youth Activities	Foróige	Children/Teen	MCC 01 821 5120
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## MULHUDDART COMMUNITY CENTRE

### WEEKLY TIMETABLE

	Time	Activity	Group Name	Ages group	Contact No.
<b>Monday</b>	10:00 - 11:30	Breast Feeding Support	Breast Feeding Support	All Ages	Anne 01 829 7716
	16:00-17:00	Multi-sports	Health and Wellbeing	Children	MCC 01 821 5120
	19:00 - 21:00	Football Club	Verona	Children/Teen	Ann 01 820 8160
	21:00 - 22:00	Football Club	Mountview	Adults	Kevin 085 135 8485
<b>Tuesday</b>	11:30 - 13:00	Yoga	Yoga	Adults	MCC 01 821 5120
	16:00-17:00	Arts&Crafts	Arts&Crafts	Children	MCC 01 821 5120
	17:00-18:30	Dancing Class	Irish Dancing	Children/Teen	Mary 01 885 6224
	17:00-20:00	Football Club	Mulhuddart FC	Teen	Natasha 083 333 8025
	20:00 - 21:00	Football Club	Verona U13	Teen	Anne 01 829 7716
	20:00-21:00	Fitness Class	Zumba	Adults	Tatjana 086 806 0216
<b>Wednesday</b>	10:00-12:00	Parent & Toddler	Lifestart Group	Adults/Children	Marian 01 810 3761
	16:00-17:00	Multi-sports	Health and Wellbeing	Children	MCC 01 821 5120
	17:00-19:00	Hip-Hop Classes	JLK	Children/Teen	Jenet 083 481 9863
	19:00-20:00	Fitness Class	Strong	Adults	Hanna 087 182 2718
	19:00 - 20:00	Football Club	Verona U16	Children/Teen	Ann 01 820 8160
	20:00 - 21:00	Football Club	Mountview	Adults	Kevin 085 135 8485
<b>Thursday</b>	16:00-17:00	Multi-sports	Health and Wellbeing	Children	MCC 01 821 5120
	17:00-18:30	Dancing Class	Irish Dancing	Children/Teen	Mary 01 885 6224
	16:00-20:00	Football Club	Mulhuddart FC	Teen	Natasha 083 333 8025
	19:30-21:30	First Aid Training	Red Cross	Teen	Celia 083 618 766
	20:00-21:00	Football Club	Verona	Teen	Ann 01 820 8160
<b>Friday</b>	13:00-14:30	Prayer Meeting	Blanch. Muslim Group	All Ages	Waisiu 086 101 3197
	16:00 - 17:00	The Good News Club	Child Evangelism Fellowship	All Ages	rosalindpa@cefireland.com
	16:00-17:00	Multi-sports	Health and Wellbeing	Children	MCC 01 821 5120
	17:00-19:00	Islamic Lessons	Al-Awal Quranic	Children/Teen	Abdul 085 204 7631
	19:00-20:30	Bible Study	KCC Church	Adults	Arma 087 941 0168
<b>SATURDAY</b>	12:30-15:30	Islamic Lessons	Al-Awal Quranic	Children/Teen	Abdul 085 204 7631
	16:00 - 17:00	Loveworld	Christ Embassy		
<b>SUNDAY</b>	9:30-14:30	Flourish	Calvary Chapel	All Ages	Shawn 01 624 2240
	14:30-16.30	Islamic Lessons	Al-Awal Quranic	Children/Teen	Abdul 085 204 7631
<b>MON - FRI</b>	9:00-16:00	Creche & Pre-School	Kidz Zone	Children	MCC 01 821 5120
	11:00-22:00	Youth Activities	Foróige	Children/Teen	MCC 01 821 5120
<b>MON - SUN</b>	Various	Birthday Parties	Room Hire From €35.00	Children/Teen	MCC 01 821 5120
	Various	Play & Pay	Football, Basketball, Badminton, Tabletennis	Adults and Children/Teen	MCC 01 821 5120

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